

COMMUNITY HELPERS

Toddlers



Monday

The Letter "H"

Print a large "H" for the word "Helper".

Discuss who helpers are.

Have your child trace the letter with their finger and then with a writing utensil.

Skills: Letter recognition. Fine motor skills

Tuesday

Garbage Day!

Pretend to be a sanitation worker. Use pretend items to sort into different shapes, colors or to teach about trash vs. recycling!

Skills: Sorting

Wednesday

1,2,3 Go!

Using community helper cars & trucks, (Fire, police, school bus, garbage truck, mail truck etc.) Say, "1,2,3 Go!" and have a race.

Skills: Counting to 3

Thursday

Mail Time

Use an empty box as a mailbox. Have your child practice putting envelopes in and out of the box. Have them pretend to deliver letters.

Skills: Social skills, learning directional words

Friday

Doctor

Dress up like a doctor. Pretend to make stuffed animals feel better. Label and count body parts.

Skills: Labeling body parts, social skills